



# The Beanstalk

Easy Bean Farm's Weekly Newsletter

Easy Bean Farm

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## WHAT'S IN THE BOX?

**Golden Bell or Intruder Red Peppers:** *Holy Smokes there are a LOT of Red Bell Peppers! We should have a good number for the next few weeks.*

**Cauliflower (Full):** *We had a round of each of these beginning to mature.*

**Blue Lake String Beans:** *The overabundance of rain has made these very difficult to pick. Some are a bit larger but we tried to only pick crisp beans.*



**Red Norland or Yukon Gold Potatoes:** *This week we finished digging the red potatoes and began to get into the Yukon Golds. I love Yukons despite the fact that they are not a high yielder for us. We will have Yukons for the next few weeks and then will switch to yet another variety.*

**Jimmy Nardello Frying Pepper:** *These are the red peppers that are wrinkled and long. While they look like a hot pepper that are not (though we did find two that WERE... so you should test them first). These peppers are AMAZING grilled over medium heat until soft and a tiny bit charred.*

**Cucumber:** *The cucumber crop has really suffered from the overabundance of rain this year. It looks like we will have had less than half of a normal yield for the crop*



**Slik Pik Summer Squash and or Sunburst Pattypan:** *At last the squash is succumbing to powdery mildew as a result of the rain. This will probably be the last week.*

**Tomatoes:** *Peak Tomato continues... and should for at least another 1-2 weeks. Half Shares got around 4#s of tomatoes and Full Shares got over 8#s... and an heirloom! With the price of organic tomatoes this means that nearly half of the value of your box is JUST in Tomatoes this week! We should have heavy yields for the next several weeks.*



**Wonder Bell Green Pepper:** *We have been making lots of Fajitas with our green bell peppers. Last Thursday one of our crew members made us delicious stuffed green peppers for lunch. More next week!*

**Nadia Italian Eggplant or Japanese Eggplant:** *Last year was a bonanza year for eggplant but this year, also due to the excessive rain, the yield is a little lower. We will have eggplant on and off until frost.*

**Carmen Sweet Peppers:** *The Carmen Peppers are red and are horn shaped. These are, I believe, the sweetest of all of our pepper varieties. These are too good to cook! There are LOADS of them, once again,*

**Lunchbox and/or Mini Bell Peppers (Full):** *These are bagged and are a few types of small sweet peppers. The Lunchbox come in three colors; Yellow, Orange and Red and are "lipstick" shaped. The Mini Bells are Red and round. All of them are sweet and crunchy!*

**Savoy Cabbage:** *These heads did VERY well and some of them are nearly soccer ball sized. The variety is crisp and sweet and will keep in your refrigerator for weeks.*





As the weather cools I love cabbage in a soup!

## **From the Fields**

Folks,

Week Twelve! We are now through the hardest (work-wise) part of the season and, with every passing day, the way the rest of the season is likely to play out become clearer. This summer has been a vexing one; We have had some good crops... but we have been stuck in a slow motion mini-disaster with the overabundance of rain. For the most part we have done a good job keeping up on a lot of our work, despite the mud... but the disease pressure in many of our crops has been just about impossible to fight off and, when I walked the fields this morning I could see a major increase in fungal problems in several of our crops. We had another 1.5" of rain last night and so it seems like I need to resign myself to just accepting the nature of things. The good news is that we are well enough along in the season, and the tomato fruit set is high enough, that you probably will only notice it a little bit... but it means that, if we have the good luck of getting a very late frost, we will probably miss a few weeks of good tomato growth.



The last few weeks have had me feeling a little bit down about the many crops that have done poorly due to too much rain. We had several successions of brassicas that were supposed to mature right now that got black mold on nearly every head of broccoli and cauliflower... and that was a bit dispiriting. The good news is that there is still lots of veg out there and, while the diversity of crops will be smaller than planned for, I think that the boxes will still look fairly good into mid-October.



